

BEAR'S DEN BREAKFAST



Shadow Mountain Golf

SUNRISE

BREAKFAST SANDWICH 8

English Muffin, Fried egg, Choice of Sausage, bacon or ham and cheddar cheese drizzled with Chipotle Aioli.

DEWBUSTER

TRADITIONAL BREAKFAST 14

Comes with two Eggs Done Your Way.
Choice of bacon or sausage patties.
Two slices of toast and served with tater tots.

BENTLEY

BREAKFAST WRAP 16

Two Scrambled eggs, Choice of bacon, sausage or ham, green onion & cheese with tater tots and a drizzle of chipotle aioli, all wrapped in a warmed tortilla. Served with a side of tater tots.

“GRIP IT AND RIP IT”

MEAT LOVER'S OMELET 18

Three Eggs, Ham, Bacon, Sausage, Tri-cheese,
Served with tater tots and toast.



TATER TOTS 4
TWO SLICES TOAST 3.5

ONE EGG 2.5
BACON TWO PIECES 3

Our restaurant hours of operation are subject to change daily due to the demand on the Golf Course.
Shadow Mountain Bears Den is open to the public, however, favouring the golfers that play during any given day.
If you are not playing and want to visit the restaurant, please call the Golf Shop and let us know what time you are planning to come for Lunch or Dinner so we know of the extra attendance.

TAKE-OUT ORDER PLEASE CALL 250-426-3306